

Pre Test/ Post Test

1. When can a woman get pregnant?
 - a) Only about 14 days after the first day of her last menstrual period.
 - b) During her fertile period, 5-7 days before her period.
 - c) Throughout the menstrual cycle, because there are no safe days to predict.

2. To avoid an unwanted pregnancy after unprotected sex or rape, a woman can:
 - a) Douche with warm water and mild soap within 12 hours.
 - b) Take 2-4 birth control pills within 72 hours and then take 2-4 more 12 hours later.
 - c) Take 2 tablets of Misoprostol within 72 hours.

3. Is there a way a women can reduce the risk of HIV AIDS after rape?
 - a) No, she will have to wait six months to get a test to confirm if she got HIV or not
 - b) Yes: and she needs to take special medicines (called PEP) within 72 hours
 - c) No, special medicines (called PEP) are effective only in cases when a person has an accident during work with infected materials.

4. The risk of postpartum hemorrhage (PPH - heavy bleeding after birth which can cause death) can be reduced by:
 - a) Putting 3 tablets of Misoprostol in the vagina immediately after birth
 - b) Cannot be reduced
 - c) Putting 3 tablets of Misoprostol under the tongue immediately after birth

5. A woman should NOT use Misoprostol for prevention of PPH if:
 - a) The placenta is still in the womb
 - b) There still is another baby in the womb (twins)
 - c) There is no skilled birth attendant with her.

6. What is the best way to use Misoprostol for safe abortion?
 - a) Put 4 pills of 200 mcg Misoprostol in the vagina. Swallow 4 pills of Misoprostol 2 hours later.
 - b) Put 4 pills of 200 micrograms Misoprostol under the tongue for 30 minutes. After 3 hours she should repeat this, and after 3 more hours she should repeat this again.
 - c) Swallow 4 pills of 400 micrograms Misoprostol. Wait 6 hours. Put 6 pills of Misoprostol in the vagina (near the cervix) and lay still for 2 hours. Repeat the pills in the vagina after 2 hours.

7. A woman should go to the hospital for treatment as soon as possible if:
 - a) She has heavy cramps just after taking misoprostol
 - b) If she has a lot of bleeding (soaking more than 2 sanitary pads per hour for more than 2 hours in a row)
 - c) If she has a lot of nausea just after taking misoprostol

8. If the woman does not bleed after taking the Misoprostol the reason could be:
 - a) She is too late in her pregnancy for the Misoprostol to work
 - b) She has an ectopic pregnancy (pregnancy outside the womb)
 - c) She is pregnant with twins

9. After an abortion, a woman can get pregnant again:
 - a) Immediately
 - b) Within one week after the abortion
 - c) After her next menstrual cycle